

# SHOT MAKING #2: DISTANCE

NAME: \_\_\_\_\_

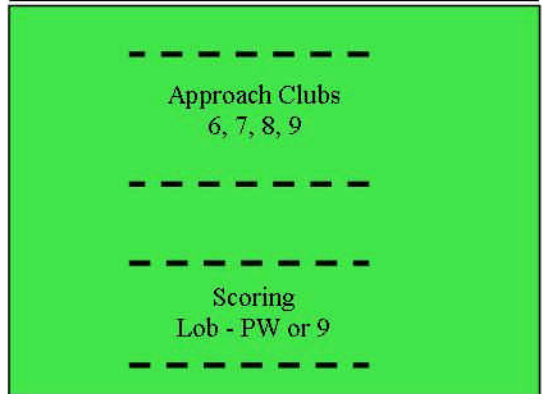
Record the results of each 10-ball set in one box below— e.g "6" (of 10)

Lob										
SW										
Gap										
PW										
9 iron										
8 iron										
7 iron										
6 iron										
5 iron										
4 iron										
hybrid										
hybrid										
3-wood										
driver										

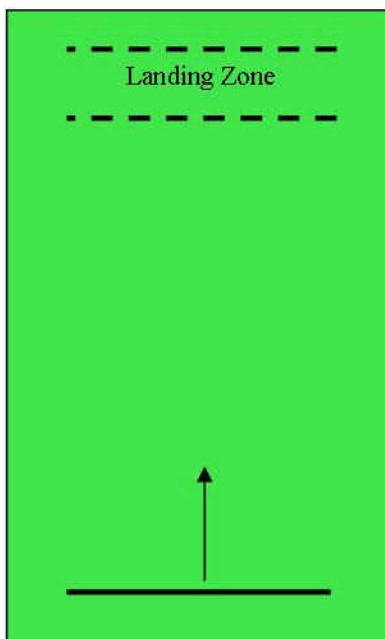
Note: In any one practice you'll want to pick just one or two clubs from each of the Scoring, Approach, and Long clubs.

The second step in the art of mastering Shot Making is learning to control DISTANCE. Use this chart to track your progress.

First, determine landing zones based on landmarks on the range. For your scoring clubs—Lob thru PW or 9-iron - a good depth is 10 yards. For your approach clubs, select a 20-yard deep landing grid. Most greens are between 20–30 paces (yards) deep. On most ranges the flat terrain makes depth perception difficult. A raised green or mound can help.



NEXT, hit 10-ball sets with one club to one zone. You are trying to land a ball in the zone. Record the results of a 10-ball set in one box. You can record up to 10 sets per club. (Remember you are not working on Direction or Shape—just how many land in the zone). After 5 sets you'll have a baseline. Set a goal to improve by 1 in the next 5 sets.



### Game: No-Look

The purpose of the No-Look game is to increase your awareness of how far you hit a shot. The goal is to improve your feel, without working on mechanics.

To play, hit a shot at your landing zone. Finish your swing, but don't look up to watch the ball. Keep your eyes on the ground in front of you and concentrate on the feel. Call out "long" "short" or "in" as soon as you hit the shot. After you've made your call, then you can look up to see the result. Learn to equate the feel with your actual results.

For a 2-player game, each player hits 5 balls. Score one point for the correct call (long, short, or in), and two points if the shot is "called" correctly and "in" the landing zone. A perfect score is 10 (all 5 balls called correctly, and all 5 balls land in the zone). The "watching" partner can provide feedback on their observations of your swing and help you locate the ball coming down. After a 5-ball set, switch positions with your partner. For variation, do the game with 3/4-swings and half-swings to shorter zones.